




2024 CPLA-IC HONG KONG FINAL PROGRAMME

 **19TH-20TH**
JAN, 2024

 **Yasumoto International Academic Park (YIA)**
The Chinese University of Hong Kong

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WELCOME MESSAGE

FROM Organizing Committee Chair



Prof Sum Kim-wai Raymond
CPLA President

Dear participants,

Welcome to the 1st Chinese Physical Literacy Association International Conference being held here at The Chinese University of Hong Kong (CUHK) on 19-20 January 2024. We are delighted to host this important gathering that brings leaders in physical literacy together from across Chinese regions and the world.

CUHK is honoured to serve as the host institution for our first international event. We hope you will take some time during your visit to walk around our beautiful campus. I also encourage you to explore beyond our campus to experience the vibrant city of Hong Kong. Take a stroll through our neighbouring towns like Sha Tin and Tai Po to admire the scenery of Tolo Harbour. Venture into the heart of Hong Kong Island and Kowloon to taste our local cuisine and culture next to the Victoria Harbour.

I would like to begin by expressing my sincere gratitude to our host institution, CUHK, for welcoming us and providing an ideal setting for productive discussions. I also want to acknowledge all co-organisers, strategic partners, supporting organisations and sponsors that have helped make this event possible. A special thanks to the tireless work of our organizing committee, who have spent countless hours in planning every aspect of this conference. I am also grateful to our scientific committee, chaired by Professor Liu Yang, for their expertise and guidance in developing our academic program.

Over the next two days, we have an exciting program planned with engaging keynote speeches, thematic talks, workshops, and presentations. It is our hope that through open dialogue and idea exchange, we can advance the development of physical literacy and promote physical exercise for everyone, enhance the awareness of lifelong sports, promote the healthy development of children, youth and populations of all ages, and help everyone to be physically literate.

Thank you all for travelling to Hong Kong. We hope this conference provides new opportunities for connection and collaboration. Please let me or the organising team know if there is any way we can make your stay more pleasant. I look forward to insightful conversations and hope you enjoy both the academic program and your time in Hong Kong.

Best Regards,



Sum Kim-wai, Raymond

PROGRAMME AT A GLANCE

19th - 20th January 2024

TIME	PROGRAMME	VENUE
19th January 2024 (Friday)		
1100 - 1200	CPLA AGM 2024	Yasumoto International Academic Park (YIA), CUHK & ZOOM
1500 - 1800	Conference Registration	University Sports Centre, CUHK
1500 - 1530	Gathering Session	University Sports Centre, CUHK
1530 - 1800	CPLA-IC WORKSHOP	University Sports Centre, CUHK
1800 - 2000	Transit to Restaurant & Welcome Dinner	Lee Wai Chun Café, CUHK
20th January 2024 (Saturday)		
0830 - 0900	Registration	LT2, YIA, CUHK
0900 - 0930	Opening Ceremony	LT2, YIA, CUHK
0930 - 1015	KEYNOTE SPEECH (I)	LT2, YIA, CUHK
1015 - 1055	THEMATIC TALK (I, II)	LT2, YIA, CUHK
1055 - 1120	Tea Break, Exhibition, Poster Presentation *	G/F, YIA, CUHK
1120 - 1220	ORAL PRESENTATION (I)	LT1, LT2, RM402, RM408
1220 - 1320	Lunch, Exhibition, Poster Presentation *	G/F, YIA, CUHK
1320 - 1405	KEYNOTE SPEECH (II)	LT2, YIA, CUHK

* Poster presentation: Please refer to the abstract book for the abstract number.

PROGRAMME AT A GLANCE

19th - 20th January 2024

TIME

PROGRAMME

VENUE

20TH JANUARY 2024 (SATURDAY)

1405 - 1445

THEMATIC TALK (III, IV)

LT2, YIA, CUHK

1445 - 1510

Tea Break, Exhibition, Poster Presentation *

G/F, YIA, CUHK

1510 - 1610

ORAL PRESENTATION (II)

LT1, LT2, RM402, RM408

1610 - 1650

THEMATIC TALK (V, VI)

LT2, YIA, CUHK

1700 - 1730

Closing Ceremony & Award Ceremony

LT2, YIA, CUHK

1730 - 1745

Gathering Session

YIA, CUHK

1800 - 2000

Transit to Restaurant & Farewell Dinner

Great Day Restaurant, Tai Po

* Poster presentation: Please refer to the abstract book for the abstract number.



華人身體素養學會
CHINESE PHYSICAL LITERACY ASSOCIATION

1st Chinese Physical Literacy Association International Conference

DETAILED PROGRAMME

19th January 2024

TIME	SPEAKER	PROGRAMME	VENUE
1100 - 1200	Hybrid	CPLA AGM 2024	LT2, Yasumoto International Academic Park (YIA), CUHK & ZOOM
1500 - 1800		Conference Registration	University Sports Centre, CUHK
1500 - 1530		Gathering Session	University Sports Centre, CUHK
1530 - 1800	Moderator: Dr Leung Fung-lin Elean (1530) Prof Yang Yijian (1700)	CPLA-IC WORKSHOP	
1530 - 1700	Prof Chow Jia Yi Nanyang Technological University, Singapore	Transforming Pedagogy in PE from an Ecological Dynamics Perspective	University Sports Centre, CUHK
1700 - 1800	Mr Ho Cheuk-yin Oscar Mr Au Yeung Ka-hym Calvin The Chinese University of Hong Kong	From Physical Literacy to Talent Identification Assessment	University Sports Centre, CUHK
1800 - 1830		Transit to Restaurant	University Sports Centre, CUHK
1830 - 2100		Welcome Dinner	Lee Wai Chun Café, CUHK

DETAILED PROGRAMME

20th January 2024

TIME	SPEAKER	PROGRAMME	VENUE
0830 - 0900		Registration	LT2, Yasumoto International Academic Park (YIA), CUHK
0900 - 0930		Opening Ceremony	LT2, YIA, CUHK
0930 - 1015	Moderator: Prof Sum Kim-wai Raymond	KEYNOTE SPEECH (I)	
0930 - 1015	Prof Liu Yang Shanghai University of Sport	Physical Literacy Intervention for Children and Adolescents: What are and What will be?	LT2, YIA, CUHK
1015 - 1055	Moderator: Prof James Rudd (1015) Prof Lisa Barnett (1035)	THEMATIC TALK (I, II)	
1015 - 1035	Prof Lawrence Foweather Liverpool John Moores University, UK	Co-developing the Physical Literacy Consensus for England	LT2, YIA, CUHK
1035 - 1055	Dr Johannes Carl Deakin University, Australia	Physical Literacy: From Intervention to Implementation	LT2, YIA, CUHK
1055 - 1120		Tea Break, Exhibition & Poster Presentation (I): Abstract number 1 - 15	G/F, YIA, CUHK
1120 - 1220	Moderator: Dr Ju Fangyuan	ORAL PRESENTATION I (SESSION 1)	
1120 - 1130	Prof He Zhonghui Peking University	Study on Basic Motor Skills of Elementary School Students	LT1, YIA, CUHK Language: Mandarin
1130 - 1140	Prof Zhao Fuxue Wuhan Sports University	An Interpretation of the Framework of Australian Physical Literacy and Enlightenment to the Improvement of Physical Literacy of Chinese Teenagers	LT1, YIA, CUHK Language: Mandarin
1140 - 1150	Dr Yan Wenjing Beijing Sport University	Research on the Relationship between Physical Literacy, Physical Activity and Physical Fitness	LT1, YIA, CUHK Language: Mandarin

DETAILED PROGRAMME

20th January 2024

TIME	SPEAKER	PROGRAMME	VENUE
1150 - 1200	Ms Liu Chien-yu Taiwan Normal University	Understanding Physical Literacy among High School Physical Education Teachers in Taiwan: A Case Study	LT1, YIA, CUHK Language: Mandarin
1200 - 1220		Question & Answer	
1120 - 1220	Moderator: Prof Shy Deng-yau	ORAL PRESENTATION I (SESSION 2)	
1120 - 1130	Prof Wei Feng-min Yang Ming Chiao Tung University	The Intersections between Literature on Physical Literacy and Meaningful Experiences in Physical Education and Young Sport	LT2, YIA, CUHK Language: English
1130 - 1140	Dr Leung Fung-lin Elean The Chinese University of Hong Kong	Walking on a Tightrope: What Support System the Dual Career Student Athletes Need	LT2, YIA, CUHK Language: English
1140 - 1150	Dr Li Minghui Venus Coventry University, UK	The Road to Designing an Effective and Appropriate Integrated Neuromuscular Training Program in Children and Adolescents: A Systematic Review and Meta-Analysis	LT2, YIA, CUHK Language: English
1150 - 1200	Dr Zhang Danqing Shanghai University of Sport	A Bibliometric Analysis of Physical Literacy: Top 100 Cited Studies	LT2, YIA, CUHK Language: English
1200 - 1210	Ms Zhuang Wenzhen East China Normal University	A Study on the Construction of the Development Path of Physical Literacy among Adolescents under the Strategy of A Strong Sports Nation CiteSpace-Based Data Visualization and Analysis	LT2, YIA, CUHK Language: English
1210 - 1220		Question & Answer	
1120 - 1220	Moderator: Prof Yin Zhihua	ORAL PRESENTATION I (SESSION 3)	
1120 - 1130	Ms Chen Beibei Fuyang Teachers College	Experimental Study on the Impact of Latin Dance Teaching on the Physical Literacy of Girls Aged 10 - 12	RM408, YIA, CUHK Language: Mandarin
1130 - 1140	Mr Wang Yufeng East China Normal University	The Cognitive Foundations of Physical Literacy Developing Embodied Memory through Motor Skill Learning	RM408, YIA, CUHK Language: Mandarin



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CHINESE PHYSICAL LITERACY ASSOCIATION

The 1st Chinese Physical Literacy Association International Conference

DETAILED PROGRAMME

20th January 2024

TIME	SPEAKER	PROGRAMME	VENUE
1140 - 1150	Ms Jiang Peipei Yangzhou University	Nuturing Physical Literacy: A Theoretical Exploration based on Ecological Dynamics	RM408, YIA, CUHK Language: Mandarin
1150 - 1200	Mr Fang Xinyuan East China Normal University	The Role of Embodied Memory in Bridging Physical Education and Physical Literacy: Toward a New Theoretical Framework	RM408, YIA, CUHK Language: Mandarin
1200 - 1220		Question & Answer	
1120 - 1220	Moderator: Prof Lei Si-man	ORAL PRESENTATION I (SESSION 4)	
1120 - 1130	Mr Jin Zhenyu The Experimental School Affiliated to Donghua University	The Historical Development and Enlightenment of Cardiorespiratory Fitness Criterion-Referenced Standard in Children: A Systematic Literature Review	RM402, YIA, CUHK Language: English
1130 - 1140	Ms Li Lin Beijing Sport University	An Analysis based on Philosophical Foundations: How do Pre-Service Teachers Understand Physical Literacy?	RM402, YIA, CUHK Language: English
1140 - 1150	Ms Ou Kailing Hong Kong Baptist University	Health Determinants of Physical Literacy in Older Adults: A Mixed-Methods Systematic Review	RM402, YIA, CUHK Language: English
1150 - 1200	Mr Su Zheng Shandong Normal University	The Relationship between Actual and Perceive Physical Literacy and Subjective Well-Being in Pre-Adolescent Children	RM402, YIA, CUHK Language: English
1200 - 1210	Mr Pan Xiang Juntendo University	Study on the Relationship between Relative Grip Strength and Scientific Fitness Literacy among Adolescents Aged 13-18 Years in Macao	RM402, YIA, CUHK Language: English
1210 - 1220		Question & Answer	
1220 - 1320		Lunch, Exhibition & Poster Presentation (II): Abstract number 16 - 30	

DETAILED PROGRAMME

20th January 2024

TIME	SPEAKER	PROGRAMME	VENUE
1320 - 1405	Moderator: Prof Lawrence Foweather	KEYNOTE SPEECH (II)	
1320 - 1405	Prof James Rudd Norwegian School of Sport Sciences, Norway	People in Motion: The Importance of the Key Principles of Exploration and Skill Adaptation and their Role in Designing Movement Experiences for Enhancing Motor and Cognitive Development Throughout the Lifecourse	LT2, YIA, CUHK
1405 - 1445	Moderator: Prof Liu Mingyi (1405) Prof Kyle Pushkarenko (1425)	THEMATIC TALK (III, IV)	
1405 - 1425	Prof Kyle Pushkarenko Memorial University of Newfoundland, Canada	Re-writing the Narrative on Physical Literacy and Inclusive Practice	LT2, YIA, CUHK
1425 - 1445	Prof Liu Mingyi Wuhan Sports University	The direction of Youth sport in China: A Perspective of Public Policy	LT2, YIA, CUHK
1445 - 1510		Tea Break, Exhibition & Poster Presentation (III): Abstract number 30 - 46	G/F, YIA, CUHK
1510 - 1610	Moderator: Prof Zhao Yaping	ORAL PRESENTATION II (SESSION 1)	
1510 - 1520	Ms Wang Jou-Hsuan Cheng Kung University	The Relationship between the Senior Physical Literacy and the WHO ICOPE Project for Chinese Elderly	LT1, YIA, CUHK Language: Mandarin
1520 - 1530	Dr Zhu Shanshan Northeast Normal University	Research Progress and Prospects on the Evaluation System of Physical Literacy in Children and Adolescents	LT1, YIA, CUHK Language: Mandarin
1530 - 1540	Mr Ji Yanting Jiangsu Research Institute of Sports Science	Investigation on Fitness Literacy Index of Jiangsu Residents	LT1, YIA, CUHK Language: Mandarin
1540 - 1550	Mr Zhang Yuesen East China Normal University	Basic Motor Skills: The Competency base for Physical Literacy	LT1, YIA, CUHK Language: Mandarin
1550 - 1610		Question & Answer	

DETAILED PROGRAMME

20th January 2024

TIME	SPEAKER	PROGRAMME	VENUE
1510 - 1610	Moderator: Prof Zhang Zhen	ORAL PRESENTATION II (SESSION 2)	
1510 - 1520	Prof Yeung Chun-yiu Nelson The Chinese University of Hong Kong	Phoenix Rising: A Scoping Review on the Health Benefits of Dragon Boating Exercises and Facilitators of Participation among Breast Cancer Survivors	LT2, YIA, CUHK Language: English
1520 - 1530	Prof Diao Yucui Shandong Normal University	A Psychological Network Analysis of Physical Literacy in Chinese Preschool Children	LT2, YIA, CUHK Language: English
1530 - 1540	Prof Choi Siu-ming University of Macau	Exploring Diverse Approaches to Physical Literacy Development in Chinese Societies: Implications and Considerations	LT2, YIA, CUHK Language: English
1540 - 1550	Mr Chen Sitong Victoria University, Australia	Just Conducting Physical Literacy Intervention is Far Away from the TERMINAL Considerations from Implementation Science	LT2, YIA, CUHK Language: English
1550 - 1610		Question & Answer	
1510 - 1610	Moderator: Prof Gao Haili	ORAL PRESENTATION II (SESSION 3)	
1510 - 1520	Ms Long Xiangwei Beijing Sport University	A study on the Present Situation of Comprehensive Index of Teachers' Physical Literacy	RM408, YIA, CUHK Language: Mandarin
1520 - 1530	Mr Wang Yujie Yangzhou University	Predicting Exercise Behavioral Intention and Exploring Perception of Physical Literacy among Exam Preparation Groups: Based on the Theory of Planned Behavior	RM408, YIA, CUHK Language: Mandarin
1530 - 1540	Mr Xu Longsheng Yangzhou University	A Study of the Core Concepts of Adolescent Physical Literacy under the Physical Education and Health Curriculum Standards	RM408, YIA, CUHK Language: Mandarin
1540 - 1610		Question & Answer	



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TIME	SPEAKER	PROGRAMME	VENUE
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1510 - 1610	Moderator: Prof Chen Hsin-heng	ORAL PRESENTATION II (SESSION 4)	
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1510 - 1520	Mr Wan Yuxin Yangzhou University	Research on the Theoretical Construction of Lifelong Sports in China from the Perspective of Physical Literacy	RM402, YIA, CUHK Language: English
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1520 - 1530	Mr Ye Zheng The Chinese University of Hong Kong	How Body and Mind Work Together: The Role of Physical Literacy, Resilience, and Mental Health	RM402, YIA, CUHK Language: English
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1530 - 1540	Ms Yu Chunzhi Beijing Sport University	Body Cognition and Health Awakening: Theoretical Interpretation and Practical Logic of Lifestyle Sports in Physical Literacy	RM402, YIA, CUHK Language: English
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1540 - 1550	Ms Zhang Ping The Chinese University of Hong Kong (Shenzhen)	Enhancing Neuromuscular Adaptations in Chronic Ankle Instability: A Study on the Combined Effects of Transcranial Direct Current Stimulation and Bosu Ball Exercises on Arthrogenic Muscle Inhibition (AMI)	RM402, YIA, CUHK Language: English
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1550 - 1600	Ms Yan Yuman Peking University	Outdoor Sports Association Participation in Enhancing Physical Literacy among College Students: A Mixed Methods Study at Mountaineering Association of Peking University	RM402, YIA, CUHK Language: English
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1600 - 1610		Question & Answer	
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1610 - 1650	Moderator: Dr Johannes Carl (1610) Prof Liu Yang (1630)	THEMATIC TALK (V, VI)	
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1610 - 1630	Prof Lisa Barnett Deakin University, Australia	Physical Literacy Measurement and Advocacy	LT2, YIA, CUHK
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1630 - 1650	Prof Sum Kim-wai Raymond The Chinese University of Hong Kong	Embracing the Butterfly Dream: In Pursuit of Physical Literacy in the Era of Multiple "Realities"	LT2, YIA, CUHK
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DETAILED PROGRAMME

20th January 2024

TIME	SPEAKER	PROGRAMME	VENUE
1650 - 1715		Closing Ceremony & Award Ceremony	LT2, YIA, CUHK
1715 - 1745		Gathering Session	YIA, CUHK
1745 - 1800		Transit to Restaurant	YIA, CUHK
1800 - 2000		Farewell Dinner	Great Day Restaurant, Tai Po



Prof Liu Yang
Shanghai University of Sport

Physical Literacy Intervention for Children and Adolescents: What Are and What Will Be?

About Prof Liu Yang:

Liu Yang is a professor at the School of Physical Education, Shanghai University of Sport. He is a former Postdoctoral Fellow at the University of Jyväskylä, Finland. As the investigator, he has been awarded multiple research grants from Shanghai 'Dawn' Program and Shanghai 'Pujiang' Program. He is also a member of the Ministry of Education's first group of Huang Danian-style teachers in national universities. He has presided two national-level research projects, eight provincial and ministerial-level teaching and research projects and published more than 90 academic papers in English and Chinese. His current research interests are mainly for children and adolescents in China: 1. Comprehensive evaluation of physical literacy; 2. Physical health and healthy behaviors; 3. Evaluation of physical activity; 4. Physical activities and static lifestyles of different (normal and special) groups relevant interventions and effectiveness evaluation.



Prof James Rudd
Norwegian School of Sport Sciences
Norway

People in Motion: The Key Principles of Exploration and Skill Adaptation and their Role in Designing Movement Experiences for Enhancing Motor and Cognitive Development Throughout the Lifecourse

About Prof James Rudd:

James Rudd is a Professor in Motor Learning and Pedagogy at the Norwegian School of Sport Sciences. His research interests are in the area of motor learning theory and the practical applications of this for skilled behavior. James applies his work across three settings and contexts: children's movement learning and development, clinical and elderly populations and skill learning in hazardous and potentially dangerous environments. He heads up the Exploration Research Group at the Norwegian School of Sport Sciences. The group supports the development of physical literacy in children through designing and evaluating PE curriculums and sports programmes with a focus on developing enriched environments where children are able to become highly adaptable and skilled movers and learn to be creative and seek out physical activity regardless of their setting, i.e., urban or countryside.



Prof Lawrence Foweather
Liverpool John Moores University
UK

Co-developing the Physical Literacy Consensus for England

About Prof Lawrence Foweather:

Lawrence Foweather is a Reader in Physical Activity and Health in the School of Sport and Exercise Sciences at Liverpool John Moores University. He jointly leads the Children, Young People and Families interest group within the Institute for Health Research and is a member of the Physical Activity Exchange within the Research Institute for Sport and Exercise Sciences. His research focuses on understanding factors and developing interventions to promote physical activity and sport participation among children and young people. Recently, Lawrence led the co-development of the Physical Literacy Consensus for England, which involved regional, national and international stakeholders.



Dr Johannes Carl
Deakin University
Australia

Physical Literacy: From Intervention to Implementation

About Dr Johannes Carl:

Johannes Carl currently works as a post-doctoral research fellow at the Institute for Physical Activity and Nutrition (IPAN), Deakin University, Australia. His research activities take an interdisciplinary/holistic perspective on health-enhancing physical activity, assuming that the self-responsible adoption of healthy, physically active lifestyles requires the integration of (at least) physical, cognitive, and affective processes.

Physical literacy represents the most recent "heart" of his research activities. He has earned early-career merits in the analysis and quality improvement of physical literacy interventions as well as in examining the adoption of the PL concept across entire Europe. His vision in current projects is to strengthen the transfer of PL into practice, also on the global scale. Therefore, his talk is deliberately titled "from intervention to implementation".



Prof Kyle Pushkarenko
Memorial University of Newfoundland
Canada

Re-Writing the Narrative on Physical Literacy and Inclusive Practice

About Prof Kyle Pushkarenko:

Kyle Pushkarenko is an Assistant Professor in the School of Human Kinetics and Recreation at Memorial University of Newfoundland. He possesses over 15 years of practical experience in program planning in the areas of activity, exercise, and recreation for individuals of various ages and abilities, and over 10 years of administrative experience in coordinating and facilitating community-based adapted physical activity programs for individuals, ranging in age from youth to older adults. Currently, he is the Special Interest Group Lead for Inclusion with the International Physical Literacy Association in the United Kingdom. His primary areas of interest include inclusive physical literacy theory and practice, ableism in adapted and inclusive physical activity programming, and the "insider's" point of view to adapted physical activity program development and design. He is an active advocate for adapted physical activity and physical literacy development for all children experiencing disability, and specifically for those having developmental impairments.



Prof Liu Mingyi
Wuhan Sports University

The Direction of Youth Sport in China: A Perspective of Public Policy

About Prof Liu Mingyi:

Liu Mingyi is a professor and an international referee in the Sports Training School of Wuhan Sports University. He is a sports decision-making consulting expert for the "14th Five-Year Plan" of the General Administration of Sport of China, deputy secretary-general and member of the Academic Working Committee of the China Sports Science Society, and a member of the Sports Training Branch. Since 2022, he has served as the chief expert of China Youth Sports and Physical Education Integration Public Policy Research Center, High Level National Sports Think Tank of China. Prof Liu participated in the organization and refereeing of large-scale sports events such as the Beijing Olympics, Singapore Youth Olympics, and Guangzhou Asian Games. He led the team to undertake a number of work-related research projects on Chinese youth sports policy, evaluation, and training. His research interests include youth physical education, training, and public policy.



Prof Lisa Barnett
Deakin University
Australia

Physical Literacy Measurement and Advocacy

About Prof Lisa Barnett:

Lisa Barnett's internationally leading work focuses on developing ways to measure physical literacy and how to improve physical literacy via partnerships with industry and researchers from multiple countries. She developed the pictorial scale for Perceived Movement Skill Competence; used to assess young children's self-reported movement skills in 35 countries. She was a key player in the development of the Australian Physical Literacy Definition and Framework. She has more than 200 peer reviewed publications and is ranked number one in the world for Motor Skills (Expertscape).

Prof Barnett will outline her research program regarding the measurement of physical literacy in children and introduce the Asia-Pacific Society for Physical Activity Special Interest Group for Physical Literacy (which she co-leads).



Prof SUM Kim-wai Raymond
The Chinese University of Hong Kong

Embracing the Butterfly Dream: In Pursuit of Physical Literacy in the Era of Multiple "Realities"

About Prof Sum Kim-wai Raymond:

SUM Kim-wai Raymond is currently the Associate Dean (Undergraduate Studies) of the Faculty of Education and an Associate Professor in the Department of Sports Science and Physical Education at the Chinese University of Hong Kong. Raymond is the Founding President of the Chinese Physical Literacy Association and the Chairman of the Executive Committee of the Physical Fitness Association of Hong Kong China. He is also a Committee Member of Advocacy and Collaboration, and Ambassador of the International Physical Literacy Association, and a Member of the Leadership Committee of the Physical Literacy Special Interest Group of the Asia-Pacific Society for Physical Activity. Raymond leads the Sports and Society Research Group, which focuses on examining physical literacy, its application to different populations, operationalizing physical literacy and assessment of the interventions of physical literacy on PE teachers' professional development and students learning outcomes.



Prof Chow Jia-yi
Nanyang Technological University,
Singapore

Transforming Pedagogy in PE from an Ecological Dynamics Perspective

About Prof Chow Jia-yi:

Chow Jia-yi graduated from the School of Physical Education with Honors and is a teacher by training. He taught for a few years in a Singapore school before returning to Physical Education and Sports Science Academic Group as a lecturer. At present, Jia Yi is the Associate Dean, Programme and Student Development, with the Office of Teacher Education. For his excellence in teaching, Jia Yi was awarded the Nanyang Education Award (College) and inducted as a Fellow to the NTU Teaching Excellence Academy in 2018. Jia Yi is currently the NTU Teaching Excellence Committee Chair. His research interests include examining multi-articular coordination from an Ecological Dynamics perspective, visual perception in sports expertise and in a pedagogical approach (Nonlinear Pedagogy) where key pedagogical principles underpinned by representative learning design, manipulation of task constraints, functional variability, relevant focus of attention and task simplification can support nonlinearity in learning.



Mr Ho Cheuk-yin Oscar (left)
Mr Au Yeung Ka-hym Calvin (right)
The Chinese University of Hong Kong

From Physical Literacy to Talent Identification Assessment

About Mr Ho Cheuk-yin Oscar:

Ho Cheuk-yin currently is a PhD student and a research assistant at the Department of Sports Science and Physical Education of the Chinese University of Hong Kong (CUHK). He also serves as a research assistant for the Physical Literacy Academy for Children and Youth (PLACY®)'s Talent Identification assessment. His research focuses on sports biomechanics and motor learning. Oscar is an awardee of the Hong Kong PhD Fellowship Scheme.

About Mr Au Yeung Ka-hym Calvin:

Au Yeung Ka-hym Calvin is currently an assistant lecturer at the Physical Education Unit and a PhD student at the Department of Orthopaedics and Traumatology of CUHK. He is also the strength and conditioning coach of the Heep Yunn School Basketball Team, the ACE, NASM Certified Fitness Trainer, and the ACE Certified Youth Fitness Specialist. Previously, he was the head strength and conditional coach of the local basketball team, assistant training instructor for Canada Women's Basketball, assistant training instructor for The University of Toronto Women's Varsity Basketball Team, and represented as the team captain of All Asia Youth Basketball Tournaments and Hong Kong Rugby Youth Teams. Currently, he also serves as a professional development officer at the PLACY®.

COMMITTEE MEMBER

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President, International Physical Literacy Association

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Ms Zhao Danru, Gloria (Secretary)

Research Assistant, Department of Sports Science and Physical Education, The Chinese University of Hong Kong

ACKNOWLEDGEMENT

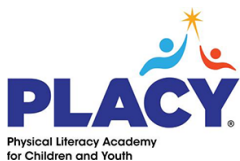
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Chinese Physical Literacy Association:

Final Programme of the 1st CPLA International Conference
19 - 20 January 2024

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official.cpla@gmail.com