



Chinese Physical Literacy Association
華人身體素養學會

1st International Symposium of CPLA

第一屆華人身體素養學會國際研討會

SYMPOSIUM BROCHURE

研討會
資料冊

MONDAY 19TH DEC 2022
Zoom Live Streaming

2022年12月19日 星期一
Zoom平台

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MESSAGE FROM CPLA PRESIDENT

來自CPLA會長的話



Prof. Sum Kim Wai Raymond
CPLA President

Dear Participants,

On behalf of all committee members, I would like to express our sincere gratitude for your tremendous support and active participation in the 1st International Symposium of the Chinese Physical Literacy Association, featuring “Prospects and Challenges of Physical Literacy in the Post-COVID-19 Era”.

This International Symposium is organized by the Chinese Physical Literacy Association, co-organized by the Physical Education Unit (PEU) of The Chinese University of Hong Kong (CUHK); and supported by the International Physical Literacy Association (IPLA) and the Department of Sports Science and Physical Education and Faculty of Education (SSPE) of CUHK.

In response to the latest pandemic situation, this International Symposium has been changed to a fully online mode. Many Chinese scholars and educators from Mainland of China, Hong Kong, Taiwan, and Macau have registered to attend the online meeting that will foster physical literacy-related academic exchange through the presentations of the latest research findings and discussions with speakers. Throughout the past few months, we were very pleased to review abstracts submitted by our young postdoctoral fellows and graduate students. This year, three speakers will be selected as outstanding oral presentation awardees during the symposium. We would like to thank our Scientific Committee members for reviewing all these abstracts and selecting the outstanding awardees.

Thank you once again for your support to the 1st International Symposium of the Chinese Physical Literacy Association. We wish you a pleasant time at the symposium and gain a new understanding of the work that is occurring across the Chinese regions to promote physical literacy.

Best Regards,

A handwritten signature in black ink, appearing to be 'Sum Kim Wai Raymond', written in a cursive style.

Prof. Sum Kim Wai Raymond

MESSAGE FROM CPLA PRESIDENT

來自CPLA會長的話



沈劍威教授
華人身體素養學會會長

致與會者們：

在此，我謹代表委員會全體成員對大家的鼎力支持及積極參與以“後疫情時代身體素養的前景與挑戰”為主題的第一屆華人身體素養學會國際研討會表示衷心的感謝。

本次國際研討會由華人身體素養學會（CPLA）主辦，香港中文大學體育部（PEU）協辦，並得到國際身體素養學會（IPLA）及香港中文大學體育運動科學系（SSPE）的支持。

為了應對最新的疫情形勢，本次國際研討會已改為線上模式。許多來自中國大陸、香港、台灣和澳門的學者及教育工作者都報名參加了此次研討會。通過最新的研究成果展示和與會者之間的討論，研討會將很好地促進與身體素養有關的學術交流。在過去的幾個月里，我們榮幸地審閱了由我們的博士後研究員們及研究生們提交的摘要。今年，有三位講者的報告將被評選為研討會的優秀口頭報告。感謝我們的學術委員會成員審查了所有摘要並負責評選獲獎者。

再次感謝您對第一屆華人身體素養學會國際研討會的支持，祝您在研討會上度過愉快的時光，並對華人地區不斷發展的身體素養推廣收穫新的認識。

誠摯的問候，

A stylized, handwritten signature in black ink, consisting of a long horizontal stroke followed by a curved flourish that loops back to the right.

沈劍威教授

PROGRAM AT A GLANCE

議程一覽

19th December 2022 Zoom



TIME	SPEAKER	PROGRAMME
08:00 - 08:30		Registration 登記
08:30 - 08:40		Opening Ceremony 開幕典禮
08:40 - 08:45		Group Photo 研討會合影
08:45 - 09:30	Moderator: Prof Sum Kim Wai Raymond	Keynote Speech 主題演講
	Prof. Liu Yang Shanghai University of Sport	Development and Application of Chinese Assessment and Evaluation of Physical Literacy (assessment) 中國兒童青少年身體素養測評體系的研發與應用 (測評)
09:30 - 10:30	Moderator: Dr. Ju Fangyuan	Oral Presentation I 口頭報告 I
09:30 - 09:45	Dr. Li Minghui Norwegian School of Sport Sciences	Exploring physical literacy in children aged 8 to 12 years old: A cross-cultural comparison between China and Greece (assessment) 探討8-12歲兒童的身體素養: 中國與希臘的跨文化比較 (測評)
09:45 - 10:00	Dr. Choi Siu Ming The Chinese University of Hong Kong	Associations between university students' physical literacy and quality of life: Is motivation a mediator? (assessment) 大學生的身體素養與生活質量的關聯: 動機是一個中介因素嗎? (測評)
10:00 - 10:15	Dr. Zhang Zhaohua Beijing Sport University	Development and validation of the physical literacy assessment model for Chinese adults (assessment) 中國成年人身體素養測評模型的開發與驗證 (測評)
10:15 - 10:30	Mr. Pan Xiang China Institute of Sport Science	A study on the influence of family environment on the scientific fitness literacy of left-behind minors and comparisons with general minors in rural China (assessment) 家庭環境對中國農村留守未成年人科學健身素養的影響及與普通未成年人的比較研究 (測評)
10:30 - 10:45		Break 小休
10:45 - 11:45	Moderator: Dr. Choi Siu Ming	Oral Presentation II 口頭報告 II
10:45 - 11:00	Dr. Wei Feng-Min Taipei Municipal Zhongshan Girls High School	Understanding high school female students' physical literacy through learning portfolios (pedagogy) 通過學習歷程檔案了解高中女學生的身體素養 (教學法)
11:00 - 11:15	Ms. Gui Chunyan Henan Polytechnic University	Research on the Theoretical Construction of Physical Literacy Evaluation Indicator System for Junior School Students (assessment) 初中生身體素養評價指標體系的理論構建研究 (測評)
11:15 - 11:30	Mr. Jiang Lupei China Institute of Sport Science	Characteristics of age-increasing changes in factors influencing scientific fitness literacy in children and adolescents based on social-ecological theory (assessment) 基於社會生態學理論的兒童和青少年科學健身素養影響因素的年齡增長變化特徵 (測評)
11:30 - 11:45	Ms. Sun Ge Jinan University	Development prospects and challenges of physical literacy education for teenagers in the post-epidemic era (pedagogy) 後疫情時代青少年身體素養教育的發展前景及挑戰 (教學法)

TIME	SPEAKER	PROGRAMME
11:45 - 12:15	Moderator: Prof. Lei Si Man	Thematic Talk 1 專題報告 1
	Prof. Shy Deng-Yau National Taiwan Normal University	The social practice of physical literacy: the case of special populations (other sub-themes) 身體素養的社會實踐: 特殊需要人士的案例 (其它相關次主題)
12:15- 13:15	Moderator: Dr. Wang Fong-Jia	Oral Presentation III 口頭報告 III
12:15 - 12:30	Ms. Liu Chien-Yu National Cheng Kung University	Correlation and Difference between Physical Literacy and Functional Fitness in Female Older Adults-A Case Study of Southern Taiwan (assessment) 女性高齡者身體素養與功能性體適能之相關與差異-以台灣南部為例 (測評)
12:30 - 12:45	Mr. Gao Yibo China Institute of Sport Science	Evaluation and influencing factors on the scientific fitness literacy of Middle-aged and elderly people in China: An empirical study under the COVID-19 pandemic (assessment) 中國中老年人科學健身素養的測量與影響因素: COVID-19大流行下的實證研究 (測評)
12:45 - 13:00	Mr. Tian Hengxing Beijing Sport University	Pictorial Self-assessment: Interpretation of Physical Literacy in Children Questionnaire in Australia, PL-C Quest and Its Enlightenment (assessment) 圖畫式自我評估: 澳大利亞兒童身體素養調查問卷(PL-C Quest)的解讀及啟示 (測評)
13:00 - 13:15	Mr. Fang Xinyuan East China Normal University	How does the measurement of physical literacy return to the philosophical basis of embodied cognition? (assessment) 身體素養的測量如何回歸到具身認知的哲學基礎? (測評)
13:15 - 14:15		Lunch 午膳
14:15 - 14:45	Moderator: Prof. Zhang Yanfeng	Thematic Talk 2 專題報告 2
	Prof. Lei Si-Man University of Macau	Rethinking the Learning Approach of Physical Literacy in the New Normal: Blended Teaching and Not (pedagogy) 重新思考新常态下身體素養的學習方法: 混成教學的機遇與挑戰 (教學法)
14:45 - 15:45	Moderator: Dr. Li Minghui	Oral Presentation IV 口頭報告 IV
14:45 - 15:00	Mr. Xie Bin Yangzhou University	A Study on Improving the Quality of University Football Teaching Under the View of Physical Literacy (pedagogy) 身體素養視角下的大學足球教學質量提升研究 (教學法)
15:00 - 15:15	Ms. Lui Chiu Yee Kylie The University of Hong Kong	Edgeworking the Development of Physical Literacy (philosophical underpinning) 從邊緣工作(Edgework)角度理解身體素養的發展 (哲學基礎)
15:15 - 15:30	Mr. Mi Yunxuan Yangzhou University	Prison Officers' Perceptions on Environmental Factors Influencing the Physical Literacy of Prison Inmates in China: A Focus Group Interview (physical activity) 監獄官員對影響中國監獄囚犯身體素養的環境因素的看法: 焦點小組訪談 (體力活動)
15:30 - 15:45	Mr. Wang Yujie Yangzhou University	Analysis of the Impact of Freestyle Roller Skating Curriculum on the Formation of Preschool Children's Physical Literacy in 3-6 Years Old (physical activity) 自由式輪滑課程對3-6歲學前兒童身體素養形成的影響分析 (體力活動)

TIME	SPEAKER	PROGRAMME
15:45 - 16:00		Break 小休
16:00 - 16:30	Moderator: Prof. Shy Deng-Yau	Thematic Talk 3 專題報告 3
	Prof. Zhang Yanfeng China Institute of Sport Science	Construction and Practice of Scientific Fitness Literacy of Chinese Residents (other sub-themes) 中國居民科學健身素養的構建與實踐 (其它相關次主題)
16:30 - 16:45	Moderator: Prof. Sum Kim-Wai Raymond	Closing Ceremony & Outstanding Oral Presentation Ceremony 閉幕典禮 及 頒獎典禮

* All the presentations will be delivered in either Mandarin or English

所有報告將以普通話或英語進行

* Three Outstanding Oral Presentation awardees will be selected by the Scientific Committee during the symposium

學術委員會將在研討會期間評選出三位優秀口頭報告獲獎者



KEYNOTE SPEAKER

Professor LIU Yang 劉陽教授

Shanghai University of Sport 上海體育學院

19th December 2022, 09:00 – 09:45

“

Development and Application of Chinese Assessment and Evaluation of Physical Literacy

中國兒童青少年身體素養測評體系的研發與應用

”

About Prof LIU Yang: Professor LIU Yang is a professor at the School of Physical Education, Shanghai University of Sport. He is a former Postdoctoral Fellow at the University of Jyväskylä, Finland. As the investigator, he has been awarded multiple research grants from Shanghai “Dawn” Program and Shanghai Pujiang Program. He is also a member of the Ministry of Education’s first group of Huang Danian-style teachers in national universities. He has presided two national-level research projects, eight provincial and ministerial-level teaching and research projects, and published more than 90 academic papers in English and Chinese.

Professor LIU has been awarded the second prize of the National Teaching Achievement Award, the special prize of the Shanghai Teaching Achievement Award, the youth achievement award of the 8th Excellent Achievement Award of Scientific Research in Higher Education (Humanities and Social Sciences), the first and third prizes of the China Sport Science Society, and the first and second prizes of the National School Sports Science Paper Report Association.

關於劉陽教授：劉陽教授是上海體育學院體育教育學院教授，博士生導師，芬蘭於韋斯屈萊大學博士、博士後，現亦擔任華人身體素養學會的副會長。他是上海市曙光學者，浦江人才，教育部首批全國高校黃大年式教師團隊成員。主持國家級項目2項，省部級教學科研項目8項，發表中英文學術論文90余篇。

劉陽教授曾獲國家級教學成果獎二等獎，上海市教學成果獎特等獎，第八屆高等學校科學研究優秀成果獎（人文社會科學）青年成果獎，中國體育科學學會一、三等獎，全國學校體育科學論文報告會一、二等獎等獎項。



THEMATIC TALK 1 SPEAKER

Professor SHY Deng-Yau 施登堯教授

National Taiwan Normal University 國立台灣師範大學

19th December 2022, 11:45 – 12:15

“

The Social Practice of Physical Literacy: the Case of Special Populations

身體素養的社會實踐: 特殊需要人士的案例

”

About Prof SHY Deng-Yau: Professor SHY Deng-Yau is an associate professor in the Department of Physical Education and Sports Sciences at National Taiwan Normal University. He serves as the convener of the 12-year technical high school health and physical education curriculum research group, the convener of the comprehensive high school health and physical education curriculum research group, a member of the health and physical education curriculum research group, a standing member of the central counseling team of the health and physical education curriculum counseling group of the Ministry of Education, and a member of the high school textbook review committee.

He is also a member of the Central Counseling Team of the Ministry of Education's Health and Physical Education Curriculum and a member of the Ministry of Education's Nine-Year National Education Reform Health and Physical Education Learning Area Curriculum Framework. Professor SHY is also the Vice Chairman of the Chinese Physical Literacy Association (CPLA), Vice Chairman of the Taiwan Association for Sports Education, and Vice Secretary General and Supervisor of the Taiwan Body Culture Society.

關於施登堯教授：施登堯教授是國立臺灣師範大學體育與運動科學系副教授，教育部12年一貫技術型高中健康與體育學習領域課程綱要研修小組召集人、綜合型高中健康與體育學習領域課程綱要研修小組召集人、健康與體育學習領域課程綱要研修委員，教育部健康與體育學習領域輔導團中央輔導團常務委員及高中職教科用書審查委員，教育部九年一貫國民教育改革健康與體育學習領域課程綱要研修委員。

施教授亦擔任華人身體素養學會副理事長、臺灣運動教育學會副理事長、臺灣身體文化學會副秘書長及監事。



THEMATIC TALK 2 SPEAKER

Professor Lei Si Man 李思敏教授

University of Macau 澳門大學

19th December 2022, 14:15 – 14:45

“

Rethinking the Learning Approach of Physical Literacy in the New Normal : Blended Teaching and Not

重新思考新常态下身體素養的學習方法：混成教學的機遇與挑戰

”

About Prof Lei Si Man: Professor LEI Si Man is an Assistant Professor of the Faculty of Education at the University of Macau, and is mainly involved in teaching and research in pedagogy of physical education and health-related courses and serves as consultant of sports team development. Meanwhile, she serves as founder and president of Macau China Society of Physical Education and Sport Pedagogy (MCPESP) and a council member of the Chinese Physical Literacy Association (CPLA).

She has been involved in several research projects funded by National Social Science Fund of China, an evaluation expert in the Macau Comprehensive School Assessment Project, and participated in school-based curriculum and teacher professional development in the Mainland and Macau. And she is currently affiliated as research fellow at Exercise Translational Medicine Center, Shanghai Jiao Tong University. In addition, she has presented more than 50 papers and books at international and national conferences and journal articles on health, physical education, and early childhood education. Furthermore, she has been invited to give keynote speeches many times.

關於李思敏教授：李思敏教授是澳門大學教育學院的助理教授，主要從事體育教學法和健康相關課程的教學和研究工作，並擔任運動隊發展的顧問。同時，她創立並擔任澳門中國體育教育與運動教育學會（MCPESP）的會長，亦是華人身體素養學會（CPLA）的董事局委員。

她過去曾參與內地社會科學基金課題，亦曾擔任澳門學校綜合評鑒項目評審專家，參與多項內地和澳門的校本課程發展和教師培訓活動。目前，她亦兼任上海交通大學運動轉化醫學中心研究員；此外，在國際和國內的體育及幼兒教育會議和期刊上發表了50多篇論文和書籍，也多次獲邀作主題發表。



THEMATIC TALK 3 SPEAKER

Professor ZHANG Yanfeng 張彥峰教授

China Institute of Sport Science 國家體育總局體育科學研究所

19th December 2022, 16:00 – 16:30

“

Construction and Practice of Scientific Fitness Literacy of Chinese Residents

中國居民科學健身素養的構建與實踐

”

About Prof ZHANG Yanfeng: Professor ZHANG Yanfeng is the Deputy Director of the National Physical Fitness and Scientific Fitness Research Center of the China Institute of Sports Science of the State General Administration of Sports. He is currently the Deputy Secretary General of the Physical Fitness Research Branch of the China Sport Science Society (CSSS), a member of the China Disability Sports Development Committee, a council member of the Exercise and Public Health Branch of China Biophysical Society, and a council member of the Chinese Physical Literacy Association (CPLA). In recent years, Prof. Zhang has received several science and technology awards from the Chinese Society of Sports Science (CSSS). His research interests include national fitness, exercise health and promotion, and sports industry. He has hosted the writing of the “2000-2014 China-Japan National Physical Fitness Research Report” and “The Booming Chinese Sports Industry (2016-2020)”.

關於張彥峰教授：張彥峰教授是國家體育總局體育科學研究所國民體質與科學健身研究中心的副主任，現擔任中國體育科學學會體質研究分會副秘書長、中國殘疾體育事業發展委員會委員、中國生物物理學會運動與公共健康分會理事，亦於華人身體素養學會擔任董事局委員。

近年來，張教授多次獲得由中國體育科學學會頒發的科學技術獎。他的研究方向包括全民健身、體質研究、運動健康與促進、體育消費與產業，曾主持撰寫由人民體育出版社出版的《2000—2014年中日國民體質研究報告》及《蓬勃發展的中國體育產業(2016-2020)》。

COMMITTEE MEMBERS

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Member – Prof Chen Hsin-Heng
Member – Dr Li Minghui
Member – Dr Ju Fangyuan

ACKNOWLEDGEMENT

致謝

Organizer 主辦機構



CPLA 華人身體素養學會

Co-Organizer 協辦機構



PEU, CUHK 香港中文大學體育部

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IPLA 國際身體素養學會



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